

Evidence of Positive Selection on a Class I *ADH* Locus

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The alcohol dehydrogenase (*ADH*) family of enzymes catalyzes the reversible oxidation of alcohol to acetaldehyde. Seven *ADH* genes exist in a segment of ~370 kb on 4q21. Products of the three class I *ADH* genes that share 95% sequence identity are believed to play the major role in the first step of ethanol metabolism. Because the common belief that selection has operated at the *ADH1B*47His* allele in East Asian populations lacks direct biological or statistical evidence, we used genomic data to test the hypothesis. Data consisted of 54 single-nucleotide polymorphisms (SNPs) across the *ADH* clusters in a global sampling of 42 populations. Both the F_{st} statistic and the long-range haplotype (LRH) test provided positive evidence of selection in several East Asian populations. The *ADH1B* Arg47His functional polymorphism has the highest F_{st} of the 54 SNPs in the *ADH* cluster, and it is significantly above the mean F_{st} of 382 presumably neutral sites tested on the same 42 population samples. The LRH test that uses cores including that site and extending on both sides also gives significant evidence of positive selection in some East Asian populations for a specific haplotype carrying the *ADH1B*47His* allele. Interestingly, this haplotype is present at a high frequency in only some East Asian populations, whereas the specific allele also exists in other East Asian populations and in the Near East and Europe but does not show evidence of selection with use of the LRH test. Although the *ADH1B*47His* allele conveys a well-confirmed protection against alcoholism, that modern phenotypic manifestation does not easily translate into a positive selective force, and the nature of that selective force, in the past and/or currently, remains speculative.

The metabolism of alcohol can significantly influence human drinking behaviors and the development of alcoholism (also called “alcohol dependence” [MIM %103780]), alcohol use disorder, and other alcohol-induced organ damage.¹ Most ethanol digestion occurs through a two-step oxidation: alcohol to acetaldehyde and acetaldehyde to acetate. These steps are catalyzed mainly by alcohol dehydrogenase and acetaldehyde dehydrogenase 2, respectively. Various geographic regions have different frequencies for the genetic polymorphisms in the genes (*ADH1B* [MIM %103720], *ADH1C* [MIM %103730], and *ALDH2* [MIM %100650]) for the primary enzymes.^{2–6}

Alcoholism is a multifactorial disorder. It has been clear for some time that *ADH* variants common in East Asia affect the risk of developing alcoholism.^{7–12} Two genome-wide linkage studies—Collaborative Studies on Genetics of Alcoholism of populations of European ancestry^{13,14} and National Institute on Alcohol Abuse and Alcoholism studies of Amerindian populations¹⁵—both support the genetic linkage between alcoholism and a region on chromosome 4 encompassing the *ADH* genes.

Human *ADH* genes are located in an ~370-kb cluster on the long arm of chromosome 4. On the basis of gene expression and sequence alignment, the seven distinct genes relate to the five enzyme classes as follows: class I, *ADH1A* (MIM %103700), *ADH1B*, and *ADH1C*; class II, *ADH4* (MIM

%103740); class III, *ADH5* (MIM %103710); class IV, *ADH7* (MIM %600086); and class V, *ADH6* (MIM %103735). The three class I *ADH* genes are closely clustered on an ~77-kb region on chromosome 4 (4q21), flanked upstream (telomeric) ~60 kb by *ADH7* and ~50 kb downstream (centromeric) by *ADH6* (fig. 1).

The protective effect against alcoholism of the *ADH1B*47His* (previously named “*ADH2*2*”) allele in East Asian populations is one of the most studied and confirmed associations of a genetic polymorphism and a complex behavior.¹⁶ In fact, three functional polymorphisms at class I *ADH* genes—*ADH1B* Arg47His and *ADH1C* Arg271Gln and Ile349Val—are in strong linkage disequilibrium (LD),¹⁷ and the variants *ADH1B*47His* and *ADH1C*271Gln&349Val* (previously named “*ADH3*2*”) produce enzymes with higher V_{max} enzyme activity for alcohol oxidation. The haplotype with these three variants shows higher frequency in nonalcoholics than in alcoholics in many East Asian populations, including Han Chinese,^{4,7,17,18} Japanese,^{19,20} and Koreans,¹⁰ making it difficult to attribute the effect to any single site. In addition, the evidence that supports the protective role of *ADH1B*47His* is not limited to East Asian populations; it has been extended to European,²¹ Jewish,²² and European Australian²³ populations, in which it is much less frequent than in East Asian populations. The observed protective effect of the *ADH1C**

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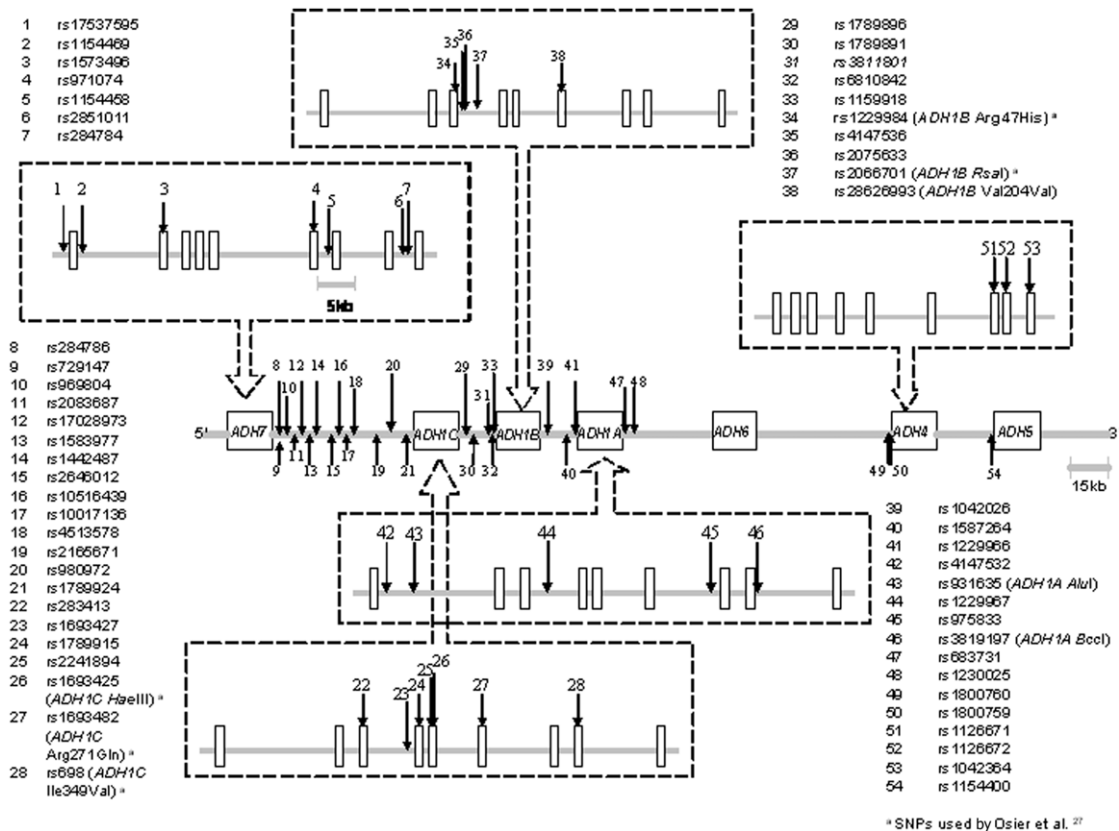


Figure 1. Map of the 54 SNPs that cover the *ADH7*, *ADH1C*, *ADH1B*, *ADH1A*, and *ADH4* genes on chromosome 4. SNPs within each locus are shown in an enlarged box with segmented border, whereas SNPs in intergenic regions are listed beside the chromosome segment. The different scales of distance measurement are shown. SNPs are numbered as mentioned in the text.

349Ile allele is attributable to its strong LD with the *ADH1B*47His* allele in East Asian populations^{9,17} but appears to have an association with alcoholism in other populations in the absence of the *ADH1B*47His* allele.^{24–26}

There has been a general belief that selection has operated on these alleles,^{27–31} because (1) mutations affecting the two sequential steps in ethanol metabolism are both common only in East Asia, and (2) the mutations have a reinforcing effect of increased acetaldehyde that is believed to be responsible for the flushing response to ethanol intake. Although suggestive, this evidence is hardly proof that selection has operated in East Asia.

Osier et al.²⁷ studied nine SNPs in the class I region of *ADH*. To provide a better understanding of both genetic diversity and the nature of LD in the class I *ADH* cluster, we examined additional populations for the SNPs they studied (fig. 1) and additional SNPs in all populations. We genotyped individuals from 42 global populations, for a total of 54 SNPs across most of the *ADH* region.

Positive selection can leave various detectable signatures in the genome. As many have argued,^{6,32–34} an unusually high F_{st} can be the signature of selection operating in one region of the world. The LRH test determines whether there has been a rapid rise in haplotype frequency, which can also be a signature of evolutionarily recent positive

selection.³⁵ Given the general belief that the *Arg47His* polymorphism in the *ADH1B* polypeptide has been the subject of selection in East Asia, we applied both tests to our data, to search for a genomic signature of selection at *ADH1B*, with a focus on that polymorphism and East Asian populations. The analyses of these data provide strong evidence of selection, but the selective force is still not known.

Material and Methods

Population Samples

We typed 2,250 individuals from a global sample of 42 populations. According to population ancestry and geographic locations, these 42 populations are categorized into nine groups: 9 African, 3 southwest Asian, 9 European, 2 northwestern Asian, 8 East Asian, 2 Pacific Island, 1 eastern Siberian, 4 North American, and 4 South American. The naming convention and geographic categorization of these populations is shown in table 1. Sample descriptions and sample sizes can be found in the Allele Frequency Database (ALFRED) by searching on the population names.

DNA samples were extracted from lymphoblastoid cell lines that have been established and/or grown in the Yale University laboratory of J.R.K. and K.K.K. The methods of transformation, cell culture, and DNA purification have been described elsewhere.^{36,37} For most samples, all volunteers were apparently nor-

Table 1. Naming Conventions and Geographic Categorization of 42 Populations

Group	Population(s) in Each Group
Africa	Biaka (BIA), Mbuti (MBU), Yoruba (YOR), Ibo, Hausa (HAS), Chagga (CGA), Masai (MAS), Ethiopian Jews (ETJ), and African American (AAM)
Southwestern Asia	Yemenite Jews (YMJ), Druze (DRU), and Samaritans (SAM)
Europe	Adygei (ADY), Chuvash (CHV), Russians from Archangelsk (RUA), Russians from Vologda (RUV), Ashkenazi Jews (ASH), Finns (FIN), Danes (DAN), Irish (IRI), and European Americans (EAM)
Northwestern Asia	Komi Zyriane (KMZ), and Khanty (KTY)
East Asia	Chinese from San Francisco (CHS), Chinese from Taiwan (CHT), Hakka (HKA), Koreans (KOR), Japanese (JPN), Ami, Atayal (ATL), and Cambodians (CBD)
Pacific Islands	Nasioi (NAS) and Micronesians (MIC)
Siberia	Yakut (YAK)
North America	Cheyenne (CHY), Pima-Arizona (PMA), Pima-Mexico (PMM), and Maya (MAY)
South America	Quechua (QUE), Ticuna (TIC), Rondonian Surui (SUR), and Karitiana (KAR)

mal and healthy, with no diagnosis of alcoholism or related disorders. Taiwan samples contained some subjects with an alcoholism diagnosis.¹⁷ All samples were collected after receipt of appropriate informed consent and relevant institutional review board approval.

Polymorphic Sites

The 54 SNPs studied extend across ~350 kb and cover five *ADH* genes (*ADH7*, *ADH1C*, *ADH1B*, *ADH1A*, and *ADH4*) and the intergenic regions. We selected those 54 SNPs on the basis of two major criteria: (1) they have sufficient (≥ 0.1) heterozygosities to be used as informative DNA markers for our haplotype analyses, and (2) the SNP density can reach at least 1 SNP per 6 kb, especially in and around the class I *ADH* cluster. We obtained the information for most of the 54 SNPs from the dbSNP database and the UCSC Genome Browser. Ten SNPs came from the Applied Biosystems (ABI) TaqMan Drug Metabolism Enzyme genotyping assays, and four SNPs in the class I *ADH* cluster—*ADH1B Arg47His* (*rs1229984*), *ADH1B RsaI* (*rs2066701*), *ADH1C Ile349Val* (*rs698*), and *ADH1C HaeIII* (*rs1693425*)—were already included in the earlier studies in our laboratory.²⁷ The dbSNP numbers, the ALFRED numbers, and relative locations of all SNPs are listed in table 2 and figure 1. TaqMan was the main genotyping method, with a small subset of SNPs genotyped with fluorescence polarization (FP) and PCR-based RFLP methods, as noted; some were from the series of Drug Metabolism Assays from ABI. SNP heterozygosity in all populations was checked using HAPLOT.³⁸ See appendix A for details of marker-typing information.

Ancestral Allele Inference

The ancestral states of several sites were described elsewhere.^{27,41} We determined the ancestral states of the remaining SNPs by using the same methods, same primers, or TaqMan probes to genotype genomic DNA for nonhuman primates: three chimpanzees (*Pan troglodytes*), three gibbons (*Hylobates*), three gorillas (*Gorilla gorilla*), three orangutans (*Pongo pygmaeus*), and three bonobos (*Pan paniscus*).

Statistical Analyses

Genotypes and allele frequencies for each individual site were calculated by direct gene counting, under the assumption of co-dominant inheritance. F_{st} values, as

$$\frac{\sigma^2}{\bar{p}\bar{q}}$$

were calculated with the program DISTANCE. Maximum-likelihood estimates of haplotype frequencies were calculated from the individual multisite typing results of individuals in each population, with the program HAPLO.⁴²

We examined the extended haplotype homozygosity (EHH)³⁵ and relative EHH (REHH)³⁵ for all 54 SNPs, using two core regions defined by the *ADH1B*47His* allele and incorporating SNPs flanking both sides, on the basis of the F_{st} results. We initially examined the EHH and REHH for all 54 SNPs, using SNPs within the *ADH1B* gene (SNPs 34–38 in fig. 1) as the core region. On the basis of those results and the F_{st} results, we then examined the upstream region as the core (SNPs 31–34). EHH is defined as the probability that two randomly chosen chromosomes carrying a tested core haplotype are homozygous at all SNPs for the entire interval from the core region to the distance x . REHH is defined as the ratio of the EHH of the tested core haplotype to the EHH of the grouped set of core haplotypes at the region not including the tested core haplotype.³⁵

To determine whether the high REHH observed in East Asian populations is significant, simulations with different parameter inputs were performed to provide reference REHH values. The three models for simulations were a population that experienced a bottleneck and a sudden expansion, a population that experienced a bottleneck and an exponential growth, and a population with a constant size. The schemas for the simulations are illustrated in figure 2. After simulated REHH data points had been obtained, they were categorized into 20 bins on the basis of the haplotype frequency, and then 50th, 75th, and 95th percentile lines were drawn. Observed REHH values were thus compared with percentile lines for evidence of selection. P values were obtained by first binning the simulated data into 20 bins on the basis of the core-haplotype frequency, then by log-transforming the REHH values in each bin to approach normality, and then by calculating the mean and SD. Observed values $< .05$ were considered significant.

Results

Allele Frequency

The allele frequencies for all polymorphisms for all 42 populations are available on the ALFRED Web site and are retrievable with use of the numbers listed in table 2. Of the $42 \times 54 = 2,268$ allele frequencies evaluated, 10.6% were fixed and 5.5% had heterozygosity < 0.05 . Of the Hardy-Weinberg equilibrium (HWE) tests, 1.7% resulted in a P value of .01–.05, and 0.4% fell below the .01 significance level. These percentages are below the expecta-

Table 2. Spacing, Typing Method, and Reference Numbers for Allele Frequencies for the 54 SNPs in the ADH Region

SNP ^a	dbSNP Number	Distance to Next SNP (bp)	TaqMan Assay Number or Typing Method	ALFRED Number
1	rs17537595	286	E_ADH7TATA	SI0017420
2	rs1154469	6,510	C_8934015	SI000879Y
3	rs1573496	7,808	E_rs1573496	SI001660N
4	rs971074	2,265	C_11942306	SI000881R
5	rs1154458	3,613	RFLP	SI000231G
6	rs2851011	109	C_16129902	SI001204H
7	rs284784	1,897	C_1492617	SI000878X
8	rs284786	710	C_714911	SI000877W
9	rs729147	3,574	FP	SI001207K
10	rs969804	2,356	C_8933988	SI001466R
11	rs2083687	4,551	C_11349421	SI0016610
12	rs17028973	3,024	E_rs17028973	SI001662P
13	rs1583977	5,224	E_rs1583977	SI001741N
14	rs1442487	6,750	E_rs1442487	SI001663Q
15	rs2646012	4,630	E_rs2646012	SI001664R
16	rs10516439	4,477	C_11349382	SI001665S
17	rs10017136	3,266	E_rs10017136	SI001666T
18	rs4513578	10,267	E_rs4513578	SI001667U
19	rs2165671	5,874	E_rs2165671	SI001669W
20	rs980972	4,988	C_2688547	SI001465Q
21	rs1789924	6,096	C_2688538	SI0016700
22	rs283413	1,363	C_26457440	SI001429Q
23	rs1693427	456	C_2688511	SI001273N
24	rs1789915	238	C_2688509	SI001435N
25	rs2241894	21	C_2688508	SI001440J
26	rs1693425	2,147	RFLP	SI000227L
27	rs1693482	3,176	RFLP	SI000735P
28	rs698	3,805	RFLP	SI000228M
29	rs1789896	6,565	C_2688487	SI001464P
30	rs1789891	6,100	C_8829540	SI001671P
31	rs3811801	874	C_27519856	SI001672Q
32	rs6810842	436	E_rs6810842	SI001673R
33	rs1159918	3,690	C_2688471	SI001212G
34	rs1229984	207	RFLP	SI000229N
35	rs4147536	114	E_rs4147536	SI001674S
36	rs2075633	585	E_rs2075633	SI001675T
37	rs2066701	3,219	RFLP	SI000002C
38	rs2862993	6,728	C_25939834	SI001451L
39	rs1042026	10,683	C_2688455	SI001676U
40	rs1587264	4,350	E_rs1587264	SI001677V
41	rs1229966	1,647	C_8829451	SI001272M
42	rs4147532	939	E_rs4147532	SI001678W
43	rs931635	3,269	RFLP	SI000737R
44	rs1229967	5,839	E_rs1229967	SI001679X
45	rs975833	1,230	C_2688428	SI001271L
46	rs3819197	5,236	FP	SI000738S
47	rs683731	8,897	C_2688425	SI001680P
48	rs1230025	120,750	C_8829387	SI001681Q
49	rs1800760	117	C_276457248	SI001443M
50	rs1800759	17,095	C_8829281	SI001444N
51	rs1126671	602	C_11941799	SI001447Q
52	rs1126672	2,238	C_11941798	SI001448R
53	rs1042364	35,564	C_9523707	SI001450K
54	rs1154400	...	C_11349123	SI001449S

^a As numbered in figure 1.

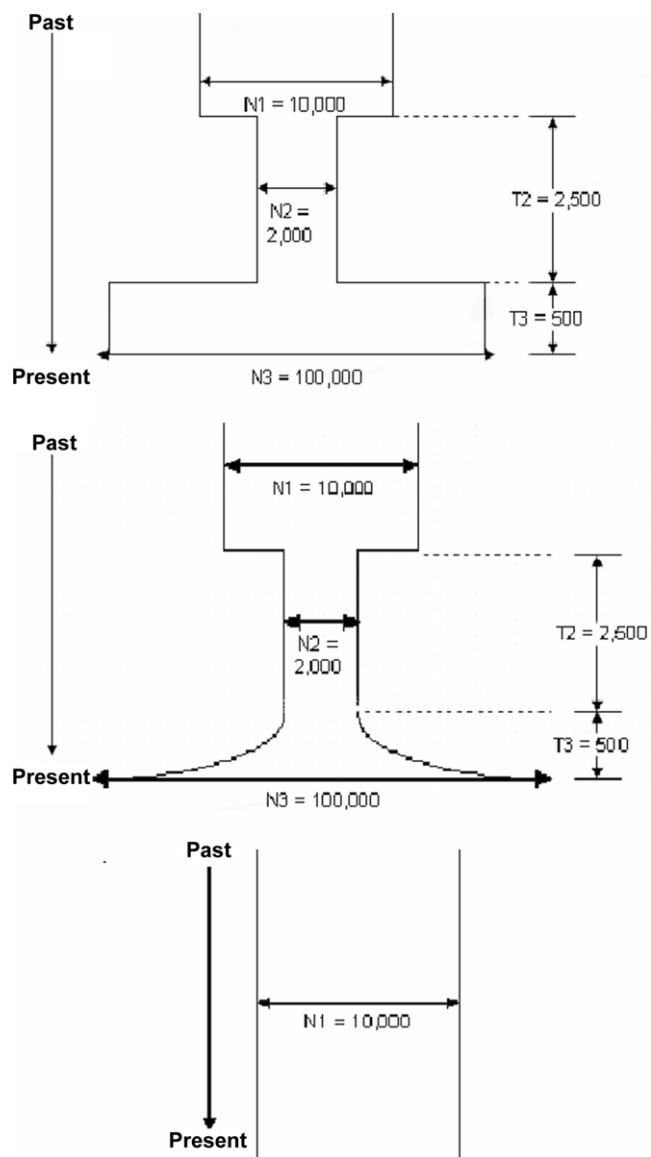


Figure 2. Flow charts illustrating the demographic model used for the simulations. *Top*, Population constant at size 10,000 until it experienced a brief bottleneck 3,000 generations ago, which dropped the population size to 2,000.²⁹ Then the population was constant at size 2,000 until 500 generations ago (on the basis of the rough estimates that the Neolithic period started 9,000–10,000 years ago in East Asia and that the generation length is 20 years, the upper bound of 500 generations was used in this simulation), when it expanded suddenly by a factor of 50. The N_e (effective population size) for the entire period (3,000 generations) for this model is $\sim 2,400$. *Middle*, Population constant at size 10,000 until it experienced a brief bottleneck 3,000 generations ago, which dropped the population size to 2,000.²⁹ Then the population was constant at size 2,000 until 500 generations ago (the same estimation as for the first model), when it expanded exponentially to the current size of 100,000. The N_e for the entire period (3,000 generations) for this model is $\sim 2,300$. *Bottom*, Model of the unlikely demographic of a population with a constant size of 10,000.

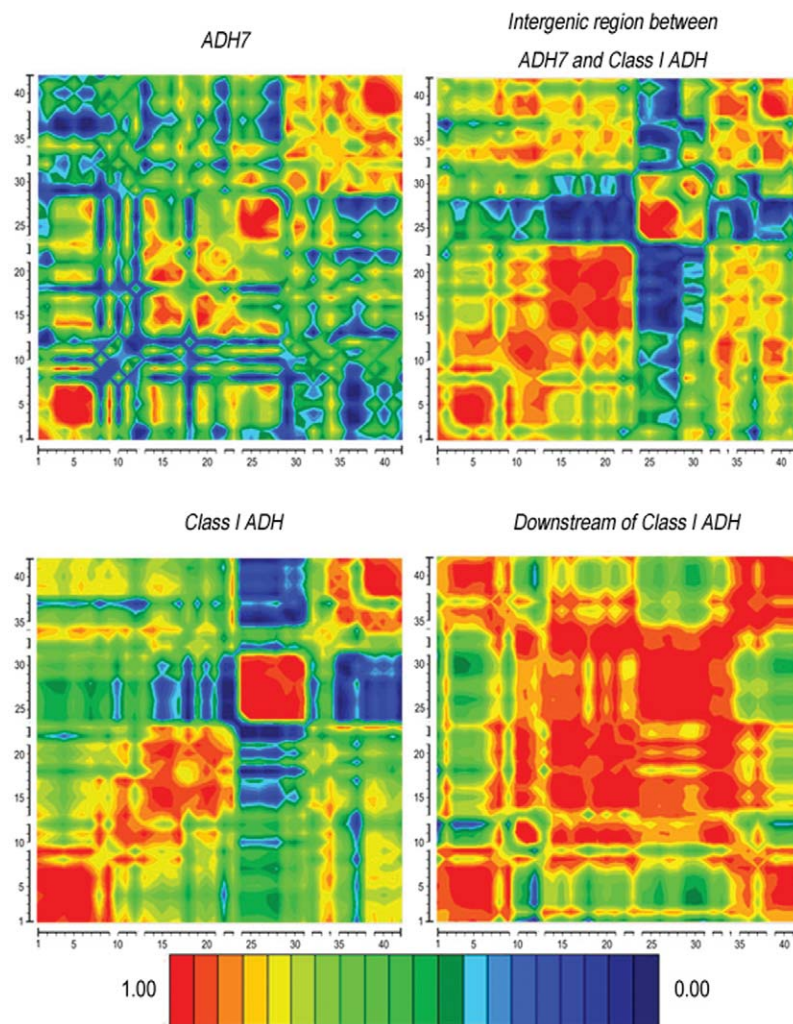


Figure 3. The pairwise comparison of allele frequencies in four *ADH* subregions among all 42 populations. The color scheme is based on the correlation of allele frequencies between each pair of populations, with bright red representing complete correlation ($r^2 = 1$) and dark blue representing no correlation ($r^2 = 0$). Both horizontal and vertical axes represent the same 42 populations in the same order as in figures 5 and 10. Generally speaking, the correlation level among populations within the same geographic location tends to be strong. Occasionally, the strong correlation can extend across geographic regions, such as in the intergenic region *ADH7*–class I *ADH* (strong correlation extends through Africa, southwestern Asia, and Europe) and downstream of class I *ADH* (strong correlation extends through southwestern Asia, Europe, and East Asia). Class I *ADH*, which is of particular interest to our positive-selection study, shows an allele-frequency correlation pattern that makes East Asian populations distinct from those of the rest of the world. Populations are ordered from Africa (1–9), southwestern Asia (10–12), Europe (13–21), northwestern Asia (22–23), East Asia (24–31), Pacific Islands (32–33), northeastern Siberia (34), North America (35–38), and South America (39–42).

tion of chance deviation from HWE. To provide an overview of allele-frequency similarity among and within each geographic region, pairwise correlations between different populations were examined. Allele-frequency similarity, as pairwise r^2 between populations, was examined for four subsections of the *ADH* region. Only for the intergenic region upstream of the class I cluster and especially for the class I cluster (at $r^2 > 0.90$) does one see great similarity among the East Asian populations and distinct differences from populations in all other parts of the world (fig. 3). This supports our focus on the *ADH1B* locus and the *ADH1B*47His* allele in East Asian populations.

F_{st} Value

Figure 4 plots the F_{st} values of the 54 SNPs calculated for the 42 populations. To provide a better context for the different F_{st} values, we calculated F_{st} values on the same 42 population samples for 382 presumably neutral sites at other loci not linked to the *ADH* cluster. This set of 382 sites in the same 42 populations has a mean (SD) F_{st} value of 0.143 (0.074). The highest F_{st} value among the 54 *ADH* region sites was for *ADH1B* Arg47His (square in fig. 2), which is 4.53 SDs above the mean. The second highest F_{st} value was observed for the SNP *rs3811801* (triangle in fig.

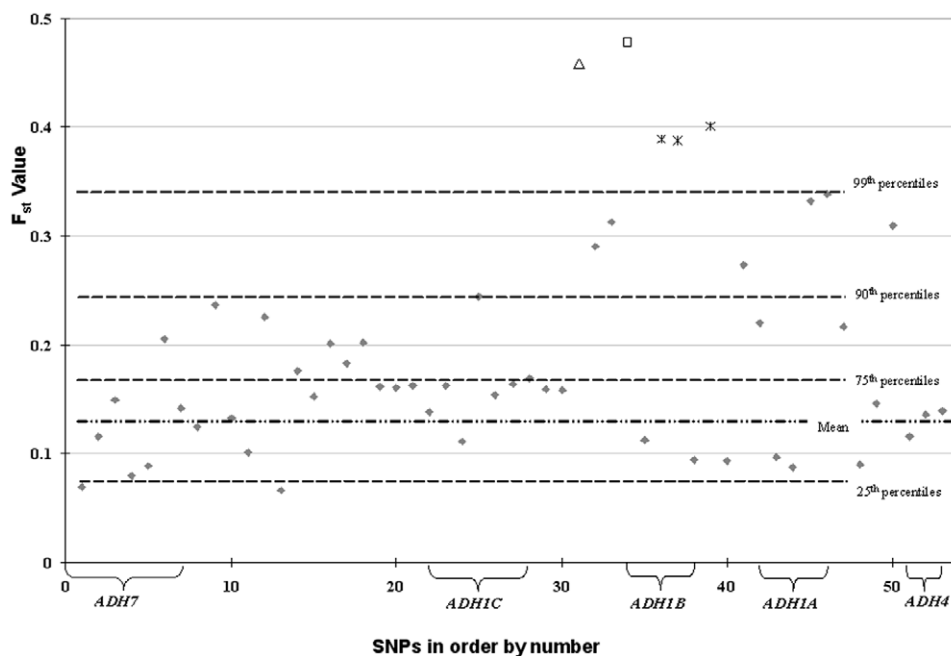


Figure 4. Average F_{st} values of 42 populations for 54 SNPs, ordered as in table 1 (not to scale). The Mean F_{st} value of 382 reference sites in 42 populations is represented with a discontinuous dotted line. The 25th, 75th, 90th, and 99th percentiles based on those data are represented with dotted lines. The bracket for each *ADH* gene includes all SNPs within each gene. SNP 34, *ADH1B* Arg47His, has the highest F_{st} value (unblackened square); SNP 31, *rs3811801*, has the second highest F_{st} value (unblackened triangle); SNPs 36, 37, and 39, which also have an F_{st} value >99th percentile, are represented by an asterisk (*).

4), which is 4.26 SDs above the mean. Three other highly significant values were observed for three other nearby SNPs—*rs2075633*, *rs2066701*, and *rs1042026* (asterisk in fig. 4)—on the other side of the Arg47His site.

An East Asian–Prominent Haplotype at ADH1B

Among the 54 SNPs studied, there are 5 SNPs within the extent of *ADH1B*: *ADH1B* Arg47His, *rs4147536*, *rs2075633*, *rs2066701* (*RsaI*), and *Val204Val* (SNPs 34–38 in fig. 1). We analyzed the 5-SNP haplotype-distribution pattern in 42 populations. Of 32 (2^5) possible haplotypes, 18 were estimated to have nonzero values, and 10 of those 18 haplotypes were observed at a frequency of at least 5% in at least one population in our samples. Those 10 haplotypes account for >96% of all chromosomes in all 42 studied populations. Frequencies for each population are given on the ALFRED Web site and are graphed in figure 5. The ancestral haplotype, based on typing the primates, is 1CA1G (data not shown) and has a frequency of at least 27% in all non–East Asian populations except Samaritans (SAM) (8%) and Micronesians (MIC) (12%). There are two other haplotypes that are frequent in most populations: 1CG2G and 1AA1G. Haplotype 1CG2G is rare in Native American and African populations, but it occurs at ~20% in Europeans and varies from 3% to 24% in East Asians; haplotype 1AA1G is nearly globally frequent, except in some East Asian populations. Haplotype 2CG2G is the dominant haplotype in East Asia, whereas it is very rarely

observed in the rest of the world. Among all eight East Asian populations, haplotype 2CG2G has a minimum frequency of 62%, except in Cambodians (CBD) (34%). Therefore, we consider 2CG2G to be an East Asian–prominent haplotype and our initial focus in LRH analyses.

However, on the basis of the initial results and the high F_{st} values extending upstream of *ADH1B*, we also examined the core haplotype defined by the *ADH1B**47His allele and the three SNPs extending upstream to and including *rs3811801*. The global pattern of this haplotype also shows an East Asian–prominent haplotype (see the “Discussion” section).

EHH and REHH

Initially, we applied the LRH method to study positive selection on the East Asian–prominent haplotype 2CG2G, which includes the functional variant *ADH1B**47His (allele 2 at the first site). The primary rationale of the LRH test is that, under the assumption of neutral evolution, common alleles need an extended period to reach high frequencies in the population; as a function of time, the LD surrounding those alleles will decay because of recombination and mutations. But, under positive selection, we can observe a geographic region–specific high-frequency haplotype that has become common over a short period of time, such that recombination has not had sufficient time to break down the selected haplotype. In this study, according to both the correlation results stated above and

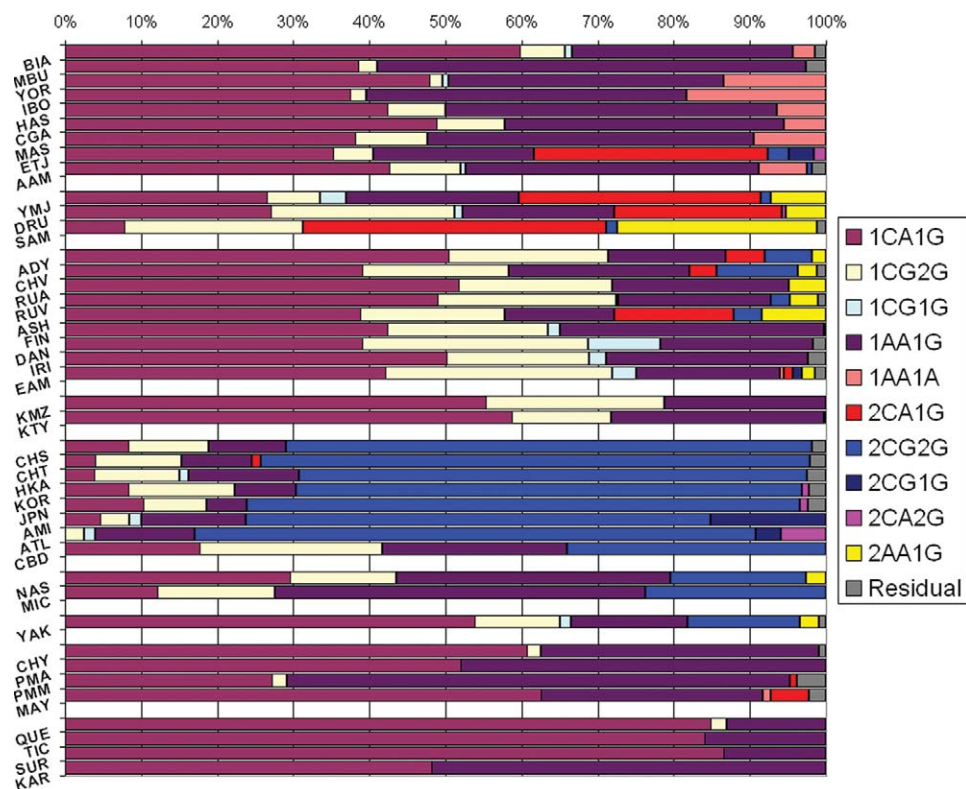


Figure 5. The haplotype pattern of SNPs 34–38 (*ADH1B* Arg47His, *rs4147536*, *rs2075633*, *RsaI*, and *Val204Val*) within the *ADH1B* gene for 42 populations. Populations are grouped by geographic region, with regions roughly in order of distance from Africa: Africa (including AAM), southwestern Asia, Europe, northwestern Asia, East Asia, Pacific, eastern Siberia, North America, and South America. Haplotype 2CG2G is prominent in East Asian populations (except CBD) but is barely seen in the rest of the world (with a few exceptions, such as NAS, MIC, etc.).

the criteria proposed by Yu et al.,⁴³ we defined the core region of 4.1 kb at *ADH1B* on the basis of the five SNPs (SNPs 34–38 in fig. 1) within the *ADH1B* gene that defined the East Asian–prominent haplotype (see above). Then, we added increasingly distant SNPs, extending 33 SNPs (~117 kb) upstream to *ADH7* and 15 SNPs (~225 kb) downstream to *ADH5*, to study the decay of LD from each core haplotype. We plotted the haplotype-bifurcation diagrams³⁵ for eight East Asian populations (fig. 6). In each haplotype-bifurcation diagram, the root stands for a core haplotype. In general, a diagram with thinner and a greater number of branches from the root visualizes the decay of LD on the core haplotype, and a core haplotype under positive selection has long-range LD and high frequency in some populations. So a core under positive selection will be visualized in the diagram with a large root and a predominant thick line that extends a long distance. At a minimum threshold of 7%, the core region of 54 SNPs defined two haplotypes in Atayal (ATL); three haplotypes in Japanese (JPN), Chinese from Taiwan (CHT), Ami, and Hakka (HKA); and four haplotypes in Koreans (KOR), Chinese from San Francisco (CHS), and CBD. Except CBD, in the seven other East Asian populations, haplotype 2CG2G, which includes the proved protective variant *ADH1B**

47His at the first SNP of this core region, is visualized with an extended predominance of one thick branch in the haplotype-bifurcation diagram, which clearly suggests long-range LD.

The EHH and REHH of major core haplotypes ($\geq 9\%$) were plotted against the distance away from the core for all the eight populations (fig. 7A). The EHH of the 2CG2G core haplotype (which has the highest frequency in those populations) decays more slowly than does that of other core haplotypes in HKA, JPN, KOR, CHS, and CHT but not in our Ami, ATL, and CBD populations. We also found that CBD, Ami, and ATL differed from the other East Asian populations in allele frequency and haplotype frequency in *ALDH2* studies⁶ and studies of several other loci⁴⁴ for the same population samples. The EHH (2CG2G as the core haplotype) upstream of the core extends ~100 kb at a minimal level of 0.6 in JPN and KOR. In CHS and CHT, the EHH upstream of the core maintains a minimal level of only 0.45, for a distance of 80 kb. The EHH of HKA is between 0.45 and 0.6. However, Ami, ATL, and CBD have EHH that barely stays above 0.4 for an extension of 40 kb. Although some core haplotypes other than 2CG2G do show an even higher level of EHH (upstream of the core), the low core-haplotype frequencies put the results in ques-

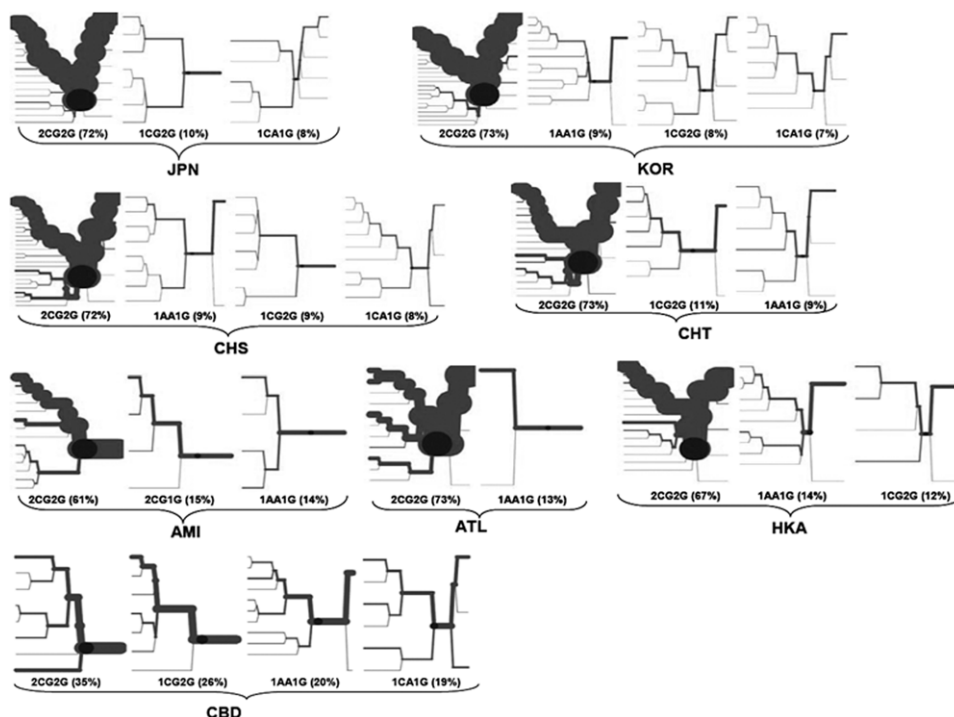


Figure 6. Haplotype-bifurcation diagrams for each core haplotype with at least 7% frequency at the *ADH1B* gene region for eight East Asian populations. The core haplotype 2CG2G shows unusual long-range homozygosity in all East Asia populations except CBD.

tion. The EHH results downstream of the core are less informative, because those rarer core haplotypes have values either higher than or indistinguishable from the those of haplotype 2CG2G, despite the fact that the EHH of the downstream region seems to decrease at a much slower rate and to extend farther than upstream of the core, as seen in figure 5. Obviously, the REHH values of 2CG2G downstream of the core stay around 1 and are not distinguishable from the results of other core haplotypes. The REHH values upstream of the core suggest that the strongest evidence of selection occurs in KOR, because the REHH continues to increase, and it reaches 2.0 at ~36 kb, reaches 4.0 at ~80 kb, and hits 8.0 by 100 kb. JPN also show a signature of selection, since the REHH increases to 2.0 quickly and slowly goes up to 4.0 after 80 kb. Although HKA, CHS, and CHT do not show evidence of selection as strong as JPN and KOR, because their REHH values stay at no more than 1.8 for 80 kb, they do show a slow continuous increase of REHH over distance. Compared with the REHH of other core haplotypes, the REHH of 2CG2G is significantly higher in these three populations. Thus, selection could be considered to have operated in these populations. Consistent with the EHH observations, Ami, ATL, and CBD show no signs of selection, since the REHH values of 2CG2G in these three populations barely exceed 1. In addition, several core haplotypes other than 2CG2G show high REHH levels in these three

populations. Thus, in Ami, ATL, and CBD, there is no clear evidence that selection operates uniquely on 2CG2G.

From previous studies,^{29,44,45} we know that JPN, KOR, CHS, CHT, and HKA are very similar genetically. Therefore, it might be possible to pool these five populations for analyses.³⁵ The increased sample size of pooled populations would lead to a more robust statistical inference. Thus, we applied the Fisher's exact test⁴⁶ to test the similarity of these five populations; they did not differ significantly with respect to core-haplotype frequencies, in agreement with the very small genetic distances among these samples determined on the basis of large numbers of loci.^{29,44,45} However, neither Ami, ATL, nor CBD shows similarity in core-haplotype components with the above five populations, also in agreement with large genetic distances between these and the other five.^{29,44,45} Therefore, we could pool only JPN, KOR, CHS, CHT, and HKA for further analysis. Figure 7B shows the EHH and REHH plots of core haplotypes (minimum threshold of 0.09) for the pooled populations. The results definitely show the footprint of positive selection for 2CG2G.

To test further for positive selection within the *ADH1B* region, for all core haplotypes, we plotted the REHH against their allele frequencies, using the method proposed by Sabeti et al.³⁵ First, we plotted REHH values of each possible core haplotype at the ~117-kb proximal distance against its allele frequencies for 42 populations and

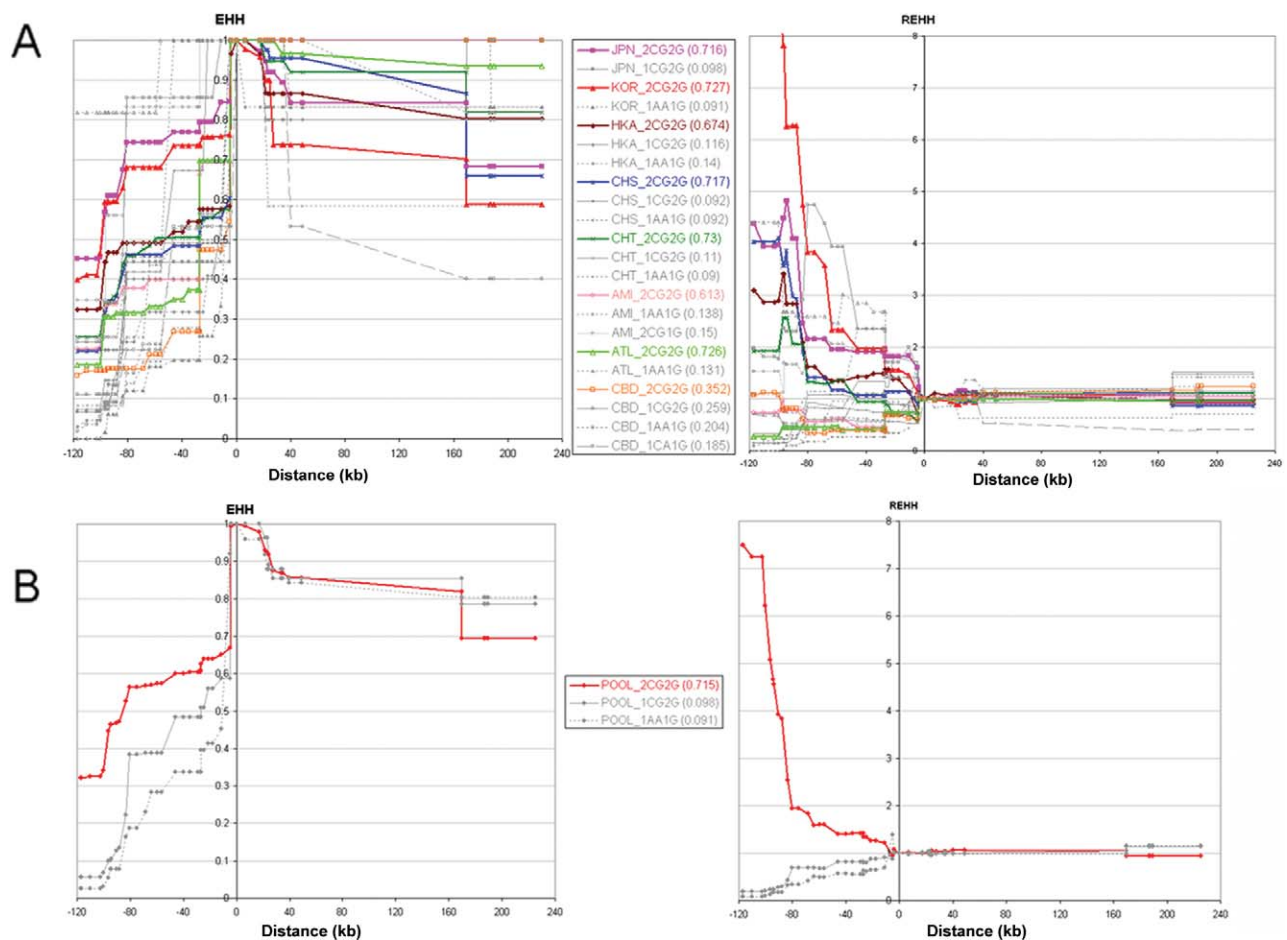


Figure 7. A, EHH and REHH plots of core haplotypes covering SNPs 34–38 in all eight East Asian populations. The EHH and REHH values are plotted against the physical distance extending both upstream and downstream of the selected core region. Only core haplotypes with frequency >9% are shown. The EHH and REHH curves based on the core haplotype of interest, 2CG2G, are colored and symbolized in different populations, whereas curves of other core haplotypes are presented in gray. JPN and KOR have the highest EHH and REHH values and the longest extension of high levels upstream of the core, whereas CBD has the lowest values and the shortest extension from the core. The low REHH values of the downstream region seem to negate the possibility of selection operating on variation in that direction, despite the corresponding high EHH levels. B, EHH and REHH plots of core haplotypes covering SNPs 34–38 in the pooled five East Asian populations (JPN, KOR, CHS, CHT, and HKA). The region upstream of the core haplotype 2CG2G shows higher EHH levels over distance (compared with the other core haplotypes) and even significantly higher REHH levels.

plotted values for the five East Asian populations pooled together (HKA, JPN, KOR, CHS, and CHT) in figure 8A. The REHH of the core haplotype 2CG2G for the pooled five East Asian populations is 7.498, which seems to be an outlier from the distribution of all available data points. To formally test whether our observation is a deviation from evolutionary neutrality, we simulated 1,000 populations under each of three variable neutral assumptions (fig. 2), and we compared the REHH of core haplotype 2CG2G of the pooled five East Asian populations with those simulations in figure 8B. The deviation from the simulation results is highly significant (P values at the 117-kb proximal marker are as follows: for constant-sized population, $P = 7 \times 10^{-7}$; for bottleneck and sudden expansion, $P = 2.73 \times 10^{-5}$; for bottleneck and exponential growth, $P =$

7.64×10^{-5}). The REHH of the core haplotype 2CG2G in those pooled populations is significantly higher than the simulated results at its corresponding haplotype frequency.

Discussion

Haplotype-Evolution Tree

We observed one East Asian–prominent haplotype for the five SNPs within *ADH1B* (fig. 5). We are interested, not only in the factors responsible for generating the East Asian–prominent haplotype and whether selection occurred in the *ADH1B* region, but also in haplotype evolution. We added two additional SNPs (*rs6810842* and *rs1159918*) upstream of *ADH1B* to the five SNPs within *ADH1B*, for a total of seven SNPs in a haplotype analysis.

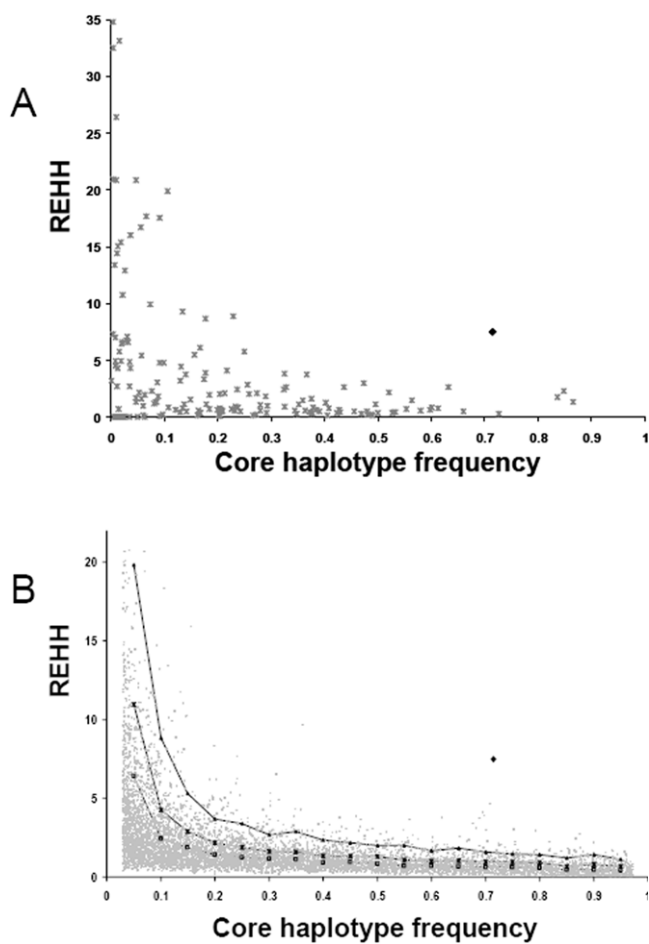


Figure 8. A, REHH values at the most distant marker, ~117 kb proximal, plotted against the core haplotype frequencies for 37 populations and the pooled five East Asian populations (HKA, JPN, KOR, CHS, and CHT). The blackened diamond represents the REHH value of core haplotype 2CG2G for the pooled five East Asian populations. B, At the most distant marker, ~117 kb proximal, REHH values of the pooled five populations and of the simulated data, plotted against the core haplotype frequency. The blackened diamond represents the REHH value of core haplotype 2CG2G for the pooled five East Asian populations, whereas the gray dots are simulated data. The 50th (squares), 75th (*), and 95th (triangles) percentile curves are drawn for visual comparison.

Of 128 possible haplotypes, 32 haplotypes were estimated to have nonzero values. Of those 32 haplotypes, 14 were definitely present in at least one individual in our samples (at least one homozygote or one individual heterozygous at only one site), whereas there was strong inferential evidence of the existence of one. We found one East Asian-prominent haplotype, GC2CG2G, in the 42 worldwide human populations. Figure 9 shows a phylogenetic network for eight major haplotypes, with the relative frequencies among the geographic regions for each haplotype. With one exception, all the haplotypes shown (fig. 9) can be explained by sequential accumulation of mutations. That

exception, the essentially East Asian-specific haplotype GC2CG2G, requires a crossover of two other haplotypes. One of the nine haplotypes, GC1CG1G, is not common anywhere but is definitely present in some African, European, southwestern Asian, and East Asian samples. Alternatively, the mutations that occurred in the transition from GC1CA1G to GC1CG2G could also be in the other order, first S6 (1→2) then S5 (A→5), but the intermediate haplotype by this order would be GC1CA2G, which was very rare, observed at a frequency of only 1.5%, 0.6%, and 0.9% in Biaka (BIA), African American (AAM), and Pima-Arizona (PMA) populations, respectively. Therefore, this transition was most likely as illustrated in figure 9.

Evidence of Selection at the ADH1B Locus

We initially focused on SNPs within the consensus transcript of the *ADH1B* gene. As illustrated in the *ADH1B* 5-SNP haplotype-distribution pattern (fig. 3), we found an East Asian-prominent haplotype, 2CG2G, that includes the functional variant *ADH1B*47His*, believed to have an effect protective against alcoholism. We conclude that selection is responsible for this haplotype reaching high frequency in East Asian populations, on the basis of two different genomic methods to study selection within the *ADH1B* region: the F_{st} statistic and the LRH method.

Among the 54 SNPs, F_{st} values for only five SNPs are >3 SD above the mean of F_{st} values of the same 42 populations for 382 presumably neutral sites at other loci: *ADH1C-1B* intergenic region *rs3811801* (0.458), *ADH1B Arg47His* (0.478), *ADH1B rs2075633* (0.389), *ADH1B RsaI* (0.388), and *ADH1B-1A* intergenic region *rs1042026* (0.401) (fig. 4). The functional variant *ADH1B Arg47His* has the highest F_{st} value. Oota et al.⁶ suggested that selection has operated on the *ALDH2* locus and gave evidence of high F_{st} values (0.30, 0.37, and 0.26) observed for some SNPs around *ALDH2*. Sakai et al.⁴⁷ reported a higher F_{st} value (0.55) in an α -thalassemia polymorphism from Nepal samples and suggested that selection is likely to play a role in allele frequencies at α -thalassemia. Here, we conclude that selection is more likely than genetic drift to be the cause of the high F_{st} value of *ADH1B Arg47His* and the high frequency (>60%) of *ADH1B*47His* in East Asian populations.^{6,32,34}

We also applied the LRH test on the *ADH1B* region. Three types of results are reported: haplotype-bifurcation diagrams, EHH, and REHH. First, in the *ADH1B* 5-SNP haplotype-bifurcation diagrams (fig. 6), we observed a large root and a predominant thick line that extends a long distance in East Asians except CBD but not in other geographic groups, which indicates long-range LD uniquely in East Asian populations. Second, in the EHH calculation, the EHH of the East Asian-prominent haplotype 2CG2G tends to decay more slowly than does that of any other identified core haplotypes in five of our eight East Asian samples (HKA, JPN, KOR, CHS, and CHT). This result is consistent with the REHH findings. In the REHH plot, the REHH values of this core haplotype (2CG2G) for the

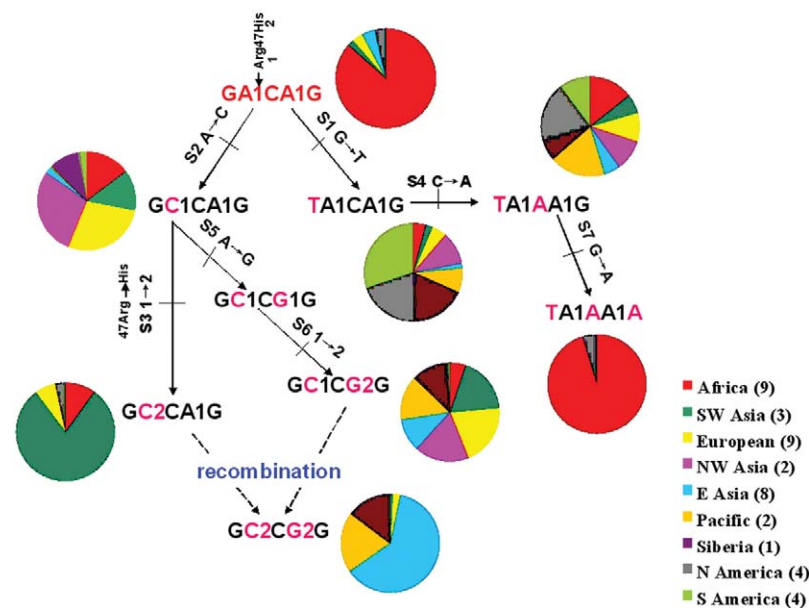


Figure 9. Phylogenetic network of eight major haplotypes of seven SNPs for *ADH1B*. The seven SNPs are *rs6810842* (S1), *rs1159918* (S2), *ADH1B Arg47His* (S3), *rs4147536* (S4), *rs2075633* (S5), *RsaI* (S6), and *Val204Val* (S7). All haplotypes in this figure are observed with frequency >5% and are definitely present in at least one individual in our samples. The pie charts represent the proportions of the haplotypes that occurred in each geographic region. This network is started from the ancestral haplotype GA1CA1G. Each arrow represents a single base mutation for the site indicated beside the arrow. The East Asian-specific haplotype GC2GC2G is included in the network; this haplotype was likely generated by recombination between haplotype GC2CA1G, occurring predominantly in southwestern Asia, and haplotype GC1CG2G, occurring much more broadly.

pooled five East Asian populations is statistically distinct from other populations and from our simulation data under neutral assumptions (fig. 8). The REHH value of core haplotype 2CG2G for the pooled five East Asian populations is 7.498 at a frequency of 0.715; the *P* values of the deviation of this REHH from the simulated data are much more significant than that for the SCA2 haplotype (most common in Utah residents with European ancestry, with ~39% frequency; REHH ~13)⁴⁸ and that for the G6PD haplotype (most common in Africa, with ~18% frequency; REHH ~7) (for constant-sized population, *P* < .0008; for expansion, *P* < .0006; for bottleneck, *P* < .0008).³⁵ The latter two loci have been considered to show strong signals of positive selection. We have also done the calculations for the five populations individually and have REHH values ranging from 2.562 to 12.585, with *P* values all significant, at <.05 (data not shown).

Our observations from the F_{st} statistic and the LRH test lead to very interesting findings. The SNP *rs3811801*, which is 5 kb upstream of the functional variant and outside the *ADH1B* locus, has the second highest F_{st} value (fig. 4). In addition, the REHH shows a strong increase over distance only upstream of the core we defined in figure 7. Therefore, selection might operate on the upstream part of the gene instead of directly on the core we have selected. Thus, we defined a new core region from *rs3811801* to *ADH1B*47His*. The global haplotype pattern (fig. 10) shows an East

Asian-prominent haplotype, AGC2. Within East Asia, five populations (KOR, JPN, CHS, CHT, and HKA) have high frequencies ($\geq 46\%$) of this haplotype, whereas Ami, ATL, and CBD have relatively lower frequencies ($\leq 16\%$). Outside East Asia, this haplotype occurs only at low frequency in a few populations (Adygei [ADY], Chuvash [CHV], and Ashkenazi Jews [ASH]) or at moderate frequency in one population (Yakut [YAK]). Compared with the haplotype 2CG2G presented in figure 5, this plot illustrates more clearly the difference between the five populations (KOR, JPN, CHS, CHT, and HKA) and the other three (Ami, ATL, and CBD) within East Asia.

We therefore applied the LRH test to the new core region (fig. 11). Since Ami, ATL, and CBD have a frequency <16% for haplotype AGC2, the occasional high EHH or REHH values obtained in these populations could be misleading. For example, our sample of CBD is 25 individuals. The 11.1% frequency means that there are $2 \times 25 \times 11.1\%$ (≈ 6) haplotype sequences containing AGC2. Such a small number brings potentially large sampling errors and thus is not very informative. Therefore, we focus on those five populations (KOR, JPN, CHS, CHT, and HKA) that have a minimum frequency of 0.50 for AGC2. The sample sizes in these populations have a range of 41–60 individuals (or 82–120 chromosomes). Thus, the EHH and REHH calculations in these five populations would be reliable and informative. Compared with haplotype 2CG2G (fig. 5),

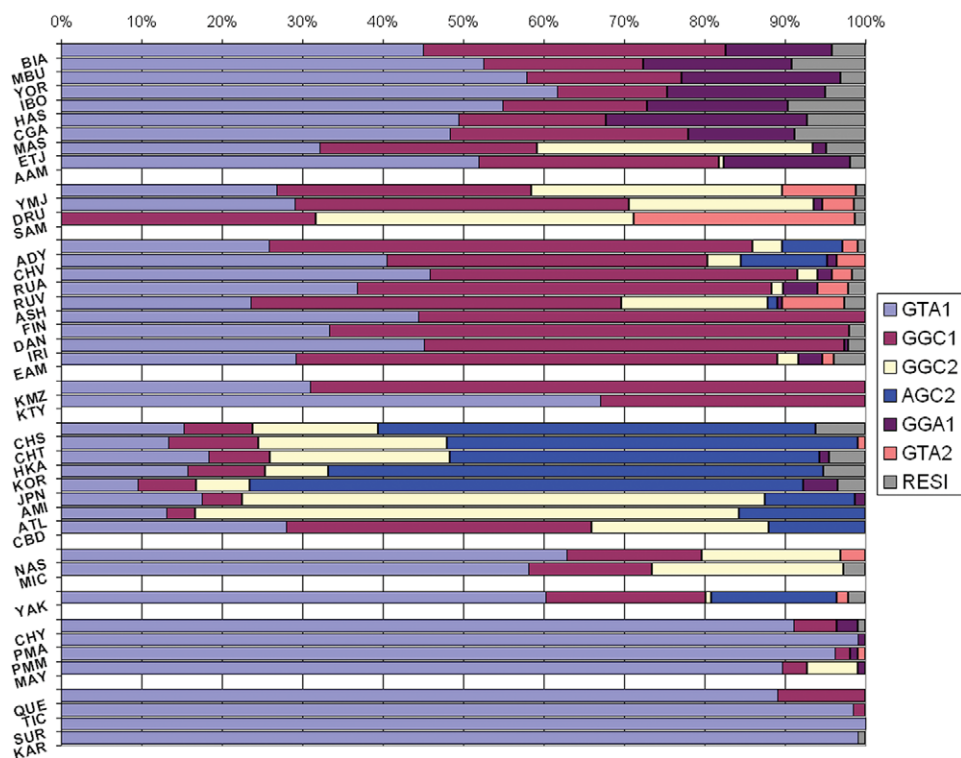


Figure 10. Haplotype pattern of SNPs 31–34 (*rs3811801*, *rs6810842*, *rs1159918*, and *ADH1B Arg47His*) for 42 populations. Abbreviations are shown in table 1.

these five populations show higher consistency in EHH shape (we still focus on the upstream of the core). EHH stays at a higher level and extends farther away from the core (all extend 75 kb above 0.8 and 90 kb above 0.6). The REHH result is consistent with previous findings: KOR shows the strongest footprint of selection, and JPN is similar. HKA, CHS, and CHT show relatively weaker evidence of selection (fig. 11).

Although there seems no doubt that selection does have an effect on the *ADH1B* region in East Asia, the exact location at which the selective force directly operates is debatable. The SNP *rs3811801* is suspected to lie in a regulatory region upstream of *ADH1B*. If this is true, it could be the primary target of the selective force, and certainly the adjacent functional variant would be affected. Alternatively, the two variants may be operating epistatically. This additional upstream SNP appears to modify the evolutionary scheme in figure 7 by adding an additional G→A mutation deriving from the East Asian–prominent recombinant haplotype at the bottom of the figure.

It seems unlikely that the selection was recent and associated with alcoholism, the modern phenotypic manifestation of the polymorphism. Goldman and Enoch²⁸ suggested that the genetic variations in the *ALDH* and *ADH* genes were selectively maintained and suggested two plausible selective forces that could predate the invention of brewing: mycotoxins and infectious disease. Mycotoxins,

from toxin-producing fungi found in moldy rice, can be converted by the host *ALDH* enzymes from protoxin to toxin, and the effects of mycotoxins can be further potentiated by ethanol. If the incidence of hepatic disease found in many East Asians, especially JPN, is related to the consumption of mycotoxins, then individuals carrying the deficient *ALDH2*2* variant with lowered alcohol consumption would be selectively favored. The infectious agents—some anaerobes and microaerophiles in several bacterial and protozoan diseases—are susceptible to acetaldehyde levels. Individuals with deficient *ALDH2*2* can produce high enough levels of acetaldehyde to inhibit the growth of those anaerobes or another parasite, which thereby confers a selective advantage. Similarly, certain functional polymorphisms in *ADH* enzymes that cause different efficiency in converting ethanol to acetaldehyde could also be protective, but that has not been sufficiently tested. We have applied various simulation models for the potential magnitude of selection—if the simulation assumes a semidominant effect, the selection coefficient has to be at least 0.03 for the allele frequency of the selected allele (*ADH1B*47His*) to be promoted from 0.005 initially (approximately assumed) to 0.63 currently (based on our genotyping data) within 500 generations; if the simulation assumes dominant or recessive effect, the selection coefficient would be necessarily weaker or stronger than 0.03. However, there are many uncertainties—for example, we

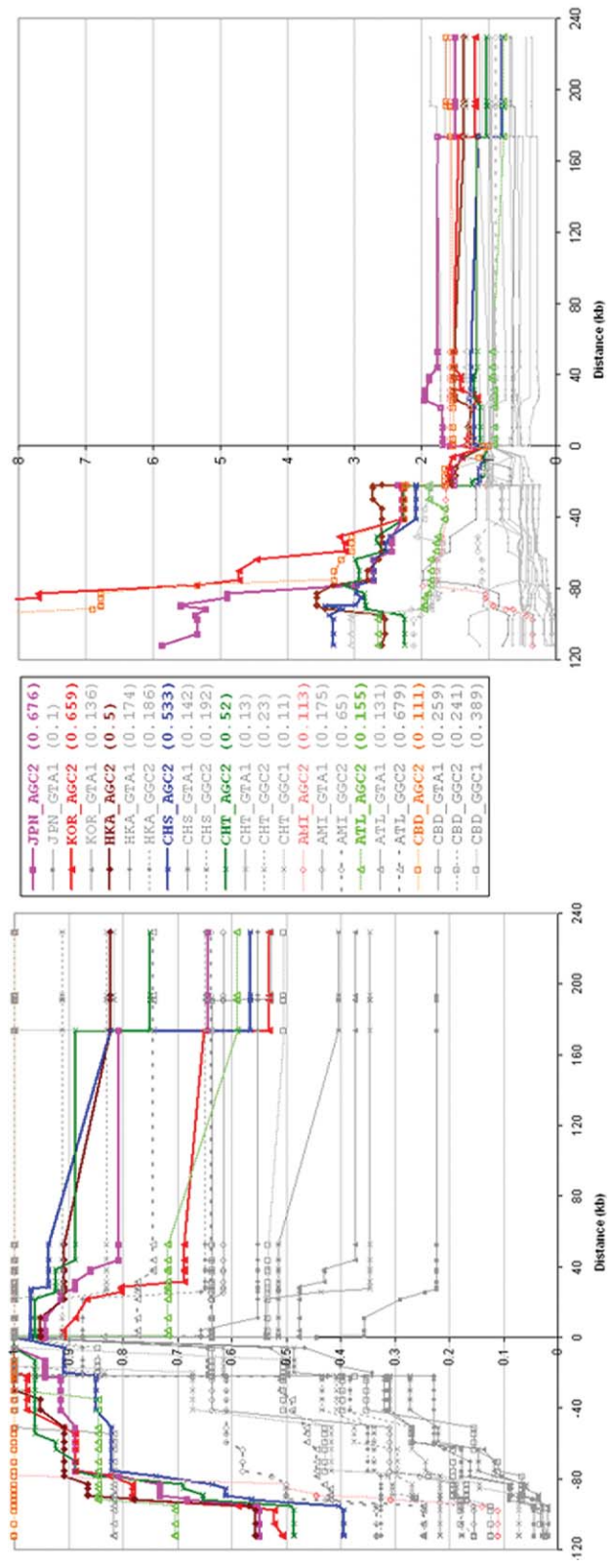


Figure 11. EHH (left) and REHH (right) plots of core haplotypes covering SNPs 31–34 in all eight East Asian populations. EHH and REHH curves based on the core haplotype of interest, AGC2, are colored and symbolized in different populations, whereas curves of other core haplotypes are presented in gray. Because of the low core-haplotype frequencies, CBD, Ami, and ATL show unexpectedly high EHH (even REHH) levels. The other five populations show similar levels of EHH values (upstream) over distance. KOR and JPN show the highest REHH values (upstream), in agreement with the observations from figure 7A.

have no information on the initial allele frequency, on how strong the actual selection was or on what kind of selection (dominant, semidominant, or recessive) actually occurred.

In conclusion, these data and analyses provide strong genomic evidence that selection has operated on the *ADH1B* gene in East Asia populations to increase one haplotype of the gene to high frequency. This provides the first strong evidence supporting the prevalent belief that such selection has operated. However, the nature of the selection force and the time period during which it did operate are both unknown. Biological studies to better understand the broader metabolic consequences of the polymorphisms in regulatory and protein coding sequences of *ADH1B* are needed to determine the nature of the selection. Once the historical demographics of the relevant populations are better understood, more-sophisticated simulations may better define the magnitude of the timing of the selection. Finally, additional molecular data, including STRPs, about additional populations in East Asia are also needed.

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Appendix A

Marker Typing and Ascertainment

The discovery and typing method for the *ADH1C* *HaeIII* site (SNP 26) was described elsewhere.²⁷ *ADH1A* *AluI* (SNP 43) was discovered by comparing the sequences of the contig we assembled with published sequences for *ADH1A* and then confirming that the observed nucleotide difference is a polymorphism by digestion of PCR products from our standard panel with restriction enzyme *AluI*. Typing primers were generated using flanking sequences from this contig. Our standard panel consists of 10 individuals: 1 Lisongo, 1 BIA, 1 Yoruba, 2 CHT, 1 Dane, 1 Russian, 1 ADY,

1 Cheyenne, and 1 PMA. The *ADH1A* *BccI* site (SNP 46) was discovered by resequencing *ADH1A* intron 8 with use of two primers (A1IN8UP1 and A1IN8DW2) for the 10 individuals in the standard panel. We designed the PCR primers (A1IN8UP1 and A1BccIDW) appropriate for the FP method.³⁹ The program *mfold*⁴⁰ predicted a secondary structure that would likely inhibit the primer-extension reaction. Therefore, we introduced an artificial mismatch in the downstream primer to disrupt the secondary structure. We designed detection primer A1BccITUP for the single-nucleotide base extension giving very tight homo- and heterozygote genotype clusters. Sequences of primers noted above are available from the authors. Most markers were typed by TaqMan with use of standard protocols. The TaqMan assay numbers are listed in table 1. Other markers were selected from dbSNP (the AB catalogue), to provide informative coverage across much of the upstream half of the cluster. These markers have diverse historical discoveries that are largely unknown.

The *ADH1B* *Arg47His* (SNP 34), *ADH1B* *RsaI* (SNP 37), and *ADH1C* *Ile349Val* (SNP 28) polymorphisms were typed as described elsewhere.¹⁷ For markers not typed by TaqMan, PCR conditions were optimized using gradient PCR in 96-well plates (total volume 25 μ l), and amplifications were done in 384-well plates (total volume: 10 μ l). The genomic DNA and PCR and restriction enzyme reaction mixtures were dispensed by a TOMTEC Workstation, and the reactions were performed on a PTC-225 Peltier Thermal Cycler (MK Research). The PCR products were digested with appropriate enzymes following the manufacturers' protocols. The digestion patterns were detected using 2% regular agarose gels. The FP genotyping was read on an LJL BioSystem Analyst. The TaqMan genotyping was read on an ABI PRISM 7900HT Sequence Detection System. We repeated the typing of markers with failed or unclear typings until the proportion of typed individuals was >95% in each population.

Web Resources

The URLs for data presented herein are as follows:

ALFRED, <http://alfred.med.yale.edu/>
dbSNP, <http://www.ncbi.nlm.nih.gov/projects/SNP/>
Online Mendelian Inheritance in Man (OMIM), <http://www.ncbi.nlm.nih.gov/Omim/> (for alcohol dependence, *ADH1B*, *ADH1C*, *ALDH2*, *ADH1A*, *ADH4*, *ADH5*, *ADH7*, and *ADH6*)
UCSC Genome Browser, <http://genome.ucsc.edu/cgi-bin/hgGateway>

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